# Shalamar Institute of Health Sciences E-NEWSLETTER

Issue No. 12 | Date of Publication: 08-08-2024

May & June, 2024

### Shalamar Medical and Dental College Secured 1st Position Among All Medical Colleges (Public & Private) Affiliated with the University of Health Sciences

We are excited to announce that Shalamar Medical and Dental College has secured #1 position among all medical colleges, both public and private, affiliated with the University of Health Sciences. In 2023, Shalamar students excelled across all five professional examinations, achieving an impressive overall mean score and solidifying our position at the top. This remarkable achievement is a direct result of the tireless efforts of our exceptional faculty, the dedication of our hardworking students, and the unwavering support of our entire college community.



#### **Inaugural Cohort of Medical Enrichment Program Celebrated**

Shalamar Medical & Dental College and the Syed Babar Ali School of Science and Engineering at Lahore University of Management Sciences (LUMS) are thrilled to announce the successful completion of their first cohort of the Medical Enrichment Program. The medical enrichment program is designed to elevate the quality of medical education in the country.





This intensive one-year program, launched in Spring 2023 allows SMDC MBBS students to study for one year at LUMS. The inaugural cohort completed this program with the generous support of the Shahid Hussain Foundation. The inaugural cohort of students including Ali Asim, Zuha Bilal, Aalian Ubaid, and Muhammad Anas, received their certificates and transcripts at a special ceremony. Dignitaries from both institutions, including Dr. Walther (Dean of SBASSE) and Prof. Zahid Bashir (Principal of Shalamar Medical and Dental College), presented the certificates. Dr. Muhammad Tariq Professor at the Department of Biology spoke about the students' achievements and the program's potential for future development. Students also shared their experiences and valuable insights through a feedback session.



# Hepatobiliary Surgery and Interventional Radiology Services Launched at Shalamar Hospital

Shalamar Hospital is excited to unveil our cutting-edge Hepatobiliary Surgery and Interventional Radiology Services! This expansion reflects our unwavering dedication to offering patients the most comprehensive and advanced medical care available. The launch event featuring esteemed speakers Dr. Zulqarnain Hyidar, Assistant Professor of General Surgery, and Dr. Ahmad Zia, Consultant Interventional Radiologist. Their insightful presentations provided valuable insights into the future of these services at Shalamar Hospital. It marked a significant milestone in Shalamar Hospital's ongoing commitment to providing exceptional patient care.











First Professional B.Sc. Nursing students achieved 100% Success Rate in the University of Health Sciences Annual Examination 2023!

Shalamar Nursing College is thrilled to announce a phenomenal achievement, a 100% pass rate for our First Professional B.Sc. Nursing (4 years) students in the University of Health Sciences Annual Examination 2023! Standing out among 73 institutions, Shalamar Nursing College is proud to be the only non-government college to achieve this extraordinary milestone. This remarkable accomplishment is a testament to our exceptional students'



dedication and hard work. It also highlights Shalamar Nursing College's unwavering commitment to delivering top-tier education.

# Shalamar Hospital Secured 95% score in the sustainability Audit Conducted by the Punjab Healthcare Commission

We are proud to announce that Shalamar Hospital has achieved an impressive 95% score in the recent sustainability audit conducted by the Punjab Healthcare Commission on 31st May 2024. This comprehensive audit covered both clinical and non-clinical areas. The Quality Improvement and Patient Safety Department, in collaboration with the Hospital Administration, Nursing, and Infection Prevention Control Team, played a pivotal role in facilitating this audit. This milestone underscores our continuous dedication to providing exceptional healthcare services and ensuring the safety and well-being of our patients.





#### Visit of RCOG Delegates for Conducting MRCOG3 Examination in Pakistan







We are delighted to announce the visit of the delegation from the Royal College of Obstetricians and Gynecologists (RCOG) to Shalamar Institute of Health Sciences for conducting MRCOG3 Examination. This significant event marks a milestone in our ongoing efforts to enhance the standards of medical education and patient care in the region.

As part of their visit, the RCOG delegates toured the Shalamar Medical & Dental College, where they were shown state-of-the-art facilities and educational resources. The delegates had the opportunity to engage with faculty members and students, gaining insights into the robust academic environment and innovative teaching methodologies employed at the college.









Additionally, the delegates visited Shalamar Hospital, where they observed the high-quality patient care and advanced medical services provided by our dedicated healthcare professionals. The visit underscored our commitment to maintaining excellence in medical education and healthcare delivery.















#### **New Equipment Enhances Shalamar Hospital's Capabilities**













Shalamar Hospital is proud to announce significant investments in advanced medical equipment to enhance patient care across various departments. The Orthopedics department received a cutting-edge C-Arm machine for improved visualization during procedures. Urology now boasts a Laparoscopic tower with 4k image resolution, enabling minimally invasive surgeries with exceptional clarity. Upgraded equipment also reached the Nephrology department, including new Dialysis machines and recliner chairs for increased patient comfort during treatment. Different inpatient departments will benefit from new high-tech patient monitors for closer monitoring of vital signs.

The Ophthalmology department received an Auto-refractor machine for faster and more accurate eye examinations. For the Private wing (P-I) and Cardiac ICU, upgraded ICU beds ensure enhanced patient care. The Gynecology theater is equipped with a state-of-the-art modular Anesthesia workstation for improved control during surgery. Medical-grade monitors were added to the Radiology department for clearer image analysis. The Gastroenterology department benefits from the addition of a Colonoscope and a Gastroscope, allowing for advanced endoscopic procedures. These advancements empower our clinical teams to deliver the highest level of care with more accurate diagnoses and improved surgical techniques.

### Speakers Series Session with Dr. Zafar Iqbal Qureshi on "Thrive and Grow: The Leadership Mindset"

The Shalamar Institute of Health Sciences was privileged to welcome the esteemed Dr. Zafar Iqbal Qureshi for a session titled "Thrive and Grow: The Leadership Mindset." Dr. Zafar Iqbal Qureshi, a leader renowned for his vast experience and insightful perspectives, captivated the audience. His session offered invaluable lessons on leadership and personal development, sparking inspiration within attendees to reach their full potential.

The event served as a valuable platform for exploring the essential qualities and mindsets that define successful leadership. Through engaging discussions and Dr. Qureshi's profound wisdom, participants gained a rich toolkit for navigating the complexities of leadership roles and achieving significant personal growth.











shalamar

Institute of Health Sciences

### 2nd Emergency Neonatal & Obstetrics Care Course at Shalamar Hospital

Shalamar Hospital is excited to share the remarkable outcomes of our 2nd Emergency Neonatal & Obstetrics Care (EmNOC) Courses! Designed to equip healthcare professionals with the critical skills and knowledge for safe deliveries and optimal maternal well-being, these intensive courses provided a platform for in-depth learning and practical skill development. The EmNOC program fosters collaboration, encouraging participants to share best practices and refine their decision-making abilities in high-pressure situations. This collaborative spirit directly contributes to Shalamar Hospital's unwavering commitment to elevating maternal and neonatal outcomes.

#### International Nurses Day at Shalamar Hospital

This International Nurses Day, Shalamar Hospital proudly celebrated the exceptional nurses who are the heart and soul of our healthcare team! The day unfolded with a series of engaging events, kicking off with a vibrant poster competition that showcased the dedication and passion of our nursing staff. Renowned nursing professionals then shared insightful talks, enriching everyone's understanding of the vital role nurses play. The celebration culminated with inspiring words from Mr. Shahid Hussain, Chairman Board of Trustees Businessmen Hospital Trust.

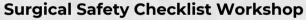






#### **International Nurses Day at Shalamar Nursing College**

Shalamar Nursing College vibrated with pride and appreciation on International Nurses Day as they commemorated this momentous occasion. The day was dedicated to honoring the exceptional nursing students, recognizing the tireless efforts of their dedicated teachers, and celebrating the invaluable role nurses play in healthcare. The event featured an inspiring address by Mr. Shahid Hussain, Chairman Board of Trustees. His words undoubtedly resonated with the audience, highlighting the irreplaceable contributions of nurses in shaping a healthier future. The celebration served as a platform to acknowledge the remarkable achievements of the nursing students. The faculty members, who play a pivotal role in shaping these future nurses, were also recognized for their hard work and unwavering support.



Shalamar Hospital is committed to providing the highest quality of care to our patients. The Department of Gynecology & Obstetrics, the Department of Surgery & Allied Specialties, and other supporting departments brought forth a vital Surgical Safety Checklist Workshop.







Through teamwork and a focus on implementing stringent safety measures, participants underscored the importance of meticulous procedures throughout the surgical process. By prioritizing these safety measures, Shalamar Hospital is actively working to improve patient outcomes and ensure a positive experience for everyone entrusted to our care.











Department of Medicine and Allied in Collaboration with the Department of Mother and Child Health Arranged a Session on "Epilepsy in Pregnancy"









The Department of Medicine and Allied and the Department of Mother and Child Health joined forces to host a session on "Epilepsy in Pregnancy." Speakers, Prof. Dr. Mujeeb Ur Rehman Abid Butt, Chair Department of Medicine & Allied and Prof. Dr. Nazli Hameed, Chair Department of Mother & Child health, shared their valuable knowledge and expertise on managing epilepsy during pregnancy. The session covered crucial topics such as preconception counseling, medication adjustments, and potential risks and management strategies. This informative program provided a valuable platform for expectant mothers with epilepsy, healthcare professionals, and anyone interested in learning more about this important topic.

# Department of Cardiology Hosted the Quarterly Meeting of the Pakistan Society of Interventional Cardiology

The Department of Cardiology hosted the quarterly meeting of the Pakistan Society of Interventional Cardiology, (PSIC) Lahore chapter. This esteemed event brought together leading cardiologists for a day of knowledge exchange and collaborative learning. The PSIC meeting served as a platform for renowned cardiologists to share their expertise and insights on the latest advancements in interventional cardiology.

#### **Laparoscopic Hysterectomy Workshop**

Shalamar Hospital hosted a workshop on Laparoscopic Hysterectomy, led by Prof. Fozia Umber Qureshi. The workshop provided a platform for experienced practitioners to refine their techniques in minimally invasive hysterectomy procedures. Participants honed their skills in:

- Advanced Laparoscopic Techniques: Mastering laparoscopic instrument handling and surgical maneuvers.
- **Hysterectomy Procedures:** Focusing on specific techniques for laparoscopic hysterectomy, potentially including total laparoscopic hysterectomy or laparoscopic supracervical hysterectomy.
- **Safety and Efficiency:** Emphasizing best practices for safe and efficient laparoscopic surgery. This intensive workshop facilitated knowledge exchange and skill development among experienced surgeons. Shalamar Hospital is committed to providing continuous learning opportunities for its medical professionals. By hosting workshops like this, we ensure our surgeons stay at the forefront of advanced surgical techniques, ultimately leading to improved patient outcomes.



#### Training Session on "Healthcare Risk Management" at Shalamar Hospital

The Quality Improvement and Patient Safety Department at Shalamar Hospital hosted a workshop on "Healthcare Risk Management" led by Mr. Naeem Shahzad, Lead Consultant from PIQC Institute of Quality. The session equipped participants from various departments with essential tools for ensuring patient safety and improving care quality. This workshop focused on equipping healthcare professionals with the knowledge and skills to Identify potential risks, develop risk mitigation strategies, and Promote a culture of safety.











# The Hypertension Clinic Team Organized "Hypertension Camp" at Shalamar Hospital and Shalamar Medical & Dental College

Shalamar Hospital celebrated May Measurement Month of Hypertension by holding the 'Hypertension Camp' for the community. This significant event was organized by the Hypertension Clinic, as part of the HEARTS-PK project, funded by the Shahid Hussain Foundation. The camp was a resounding success with hundreds flocking to get free blood pressure check, life-style recommendations and expert advice from Prof. Azra Mahmud, Consultant Hypertension and her Team. Using modern techniques, every person was also screened for abnormal body fat and an irregular heartbeat, strong risk factors for heart disease that mostly go undetected. All the participants were given educational materials to check blood pressure accurately and making healthy life style choices.









Shalamar Hospital Partnered with Service Sales Corporation to Deliver an Awareness

Session on "Heatstroke Prevention"

At Shalamar Institute of Health Sciences, we are committed to promoting health and well-being within our community. We partnered with Service Sales Corporation (SSC) to deliver an impactful awareness session on heatstroke prevention. This initiative was designed to provide employees of SSC with essential knowledge and practical tips to recognize, prevent, and manage heat-related illnesses. The session was led by Dr. Sarwat Iqbal, Assistant Professor Medicine and Dr. Maria Shirin, Assistant Professor Medicine. Our experts shared invaluable insights into the symptoms of heatstroke, the critical importance of staying hydrated, and effective strategies to remain cool and safe during extreme heat conditions. We are proud to collaborate with organizations that prioritize the health and safety of their teams.













#### Asthma Awareness Walk!

Shalamar Hospital's Department of Pulmonology hosted World Asthma Day walk, and it was a breath of fresh air for everyone involved! This year's theme, "Asthma education empowers," took center stage as participants of all ages came together to learn valuable information about managing and treating asthma. The walk itself was a wonderful display of community spirit and a reminder of the importance of exercise for overall well-being, including lung health.



#### World Lupus Day Walk to Raise Awareness, Promote Education, and Support Research for Lupus

The Rheumatology department took a powerful step towards a healthier future by hosting a World Lupus Day Walk! This impactful event aimed to raise crucial awareness, promote education about Lupus, and support ongoing research efforts for this chronic illness. Events like this walk play a vital role in fostering understanding, promoting early diagnosis, and supporting the development of better treatment options.



### Hypertension Walk to Educate the Community about the Dangers of High Blood Pressure and How to Keep it Under Control

High blood pressure, often with no noticeable symptoms, puts millions at risk for heart disease, stroke, and other serious health complications. To empower our community, Shalamar Hospital hosted an awareness walk. This interactive space provided valuable information about the dangers of high blood pressure and essential steps you can take to keep it under control.



### Blood Donation Drive in Partnership with Sundus Foundation in Support of Thalassemia-Free Pakistan!

Shalamar Institute of Health Sciences and Sundus Foundation proudly joined forces to host a blood drive in support of a Thalassemia-free Pakistan!

This vital initiative aimed to collect much-needed blood donations for individuals battling Thalassemia, a genetic blood disorder requiring regular transfusions. A heartfelt thank you to all the selfless blood donors who participated in the drive. Your generosity will make a significant difference in the lives of those living with Thalassemia.











#### Department of Research and Innovation Conducted a Three-Day Workshop on "Crafting a Compelling Research Proposal: Your Roadmap to Academic Success"











The Department of Research and Innovation at Shalamar Institute of Health Sciences recently empowered aspiring researchers with a comprehensive three-day workshop titled "Crafting a Compelling Research Proposal: Your Roadmap to Academic Success."

The workshop provided a structured learning experience, guiding participants through the key components of crafting a strong research proposal. Here's a breakdown of the insightful sessions:

**Day 1:** We kicked off with the fundamentals, diving deep into clinical research, historical perspectives, and the 'SHARP' model with Prof. Azra Mahmud.

**Day 2:** Methodology was the focus, featuring insightful sessions on study designs, sampling methods, and more by Dr. Saleem Pervaiz.

**Day 3:** We wrapped up with hands-on training in biostatistics and literature search, guided by Dr. Zafar Aleem Suchal and operational planning led by Dr. Noor Ul Ain.

### Workshop on "Clinical Research: What's Ethics Gotta Do with It?" at Shalamar Medical and Dental College

Shalamar Medical & Dental College organized a workshop titled "Clinical Research: What's Ethics Gotta Do with It?" led by Dr. Sarosh Saleem, Head of the Department of Bioethics.

The workshop offered a deep dive into the ethical considerations that are paramount in healthcare research. Participants actively engaged in discussions on:

**Ethical Imperatives:** Understanding the core ethical principles that guide responsible research practices.

**Common Ethical Issues:** Identifying and analyzing potential ethical challenges that may arise during research.

**Ethical Reasoning in Action:** Applying frameworks for ethical decision-making to navigate complex research scenarios.

This insightful and engaging session fostered a dynamic environment for learning and discussion.











#### Department of Medical Education, in Collaboration with the Department of Bioethics, Arranged a Workshop on "Decision Making in Clinical Practice"

The Department of Medical Education, in collaboration with the Department of Bioethics at Shalamar Medical and Dental College, arranged a thought-provoking workshop on "Decision Making in Clinical Practice." This valuable session brought together esteemed faculty members, Dr. Mustafa Aslam from Aga Khan University and Dr. Sarosh Saleem from Shalamar Medical and Dental College, to guide participants through the complexities of making ethical decisions in healthcare settings. The workshop delved into critical topics including Patient Autonomy and Capacity, Ethical Frameworks and Applying Ethics in Practice. This collaborative effort by Shalamar's Medical Education and Bioethics departments reinforces their commitment to fostering a culture of ethical and patient-centered care within the healthcare community.











# A Workshop on "Patient Safety Culture in Nursing: A Dimensional Concept" at Shalamar Nursing College

Shalamar Nursing College arranged a workshop on Patient Safety Culture in Nursing. Led by Associate Professor Nasim Rafiq and Assistant Professor Amjad Ali, Mr. Akash Samuel, the workshop equipped participants with valuable knowledge and tools to prioritize patient safety. The workshop was designed for BSN First Professional students and staff nurses. This diverse group engaged in in-depth discussions on crucial topics including Patient Safety Goals, Significance of Healthcare Quality, The 'Swiss Cheese' Model of Accident Causation.









### Integrating Artificial Intelligence into Nursing Practice Workshop at Shalamar Nursing College

Shalamar Nursing College hosted a forward-looking workshop titled "Integrating Artificial Intelligence (AI) into Nursing Practice." Led by the esteemed faculty of Associate Professor Nasim Rafiq and Assistant Professor Amjad Ali, alongside Mr. Akash Samuel, the session delved into the exciting possibilities of AI within the nursing field. The workshop offered a comprehensive exploration of key topics, including AI Applications in Nursing, Enhanced Workflows and Decision-Making, Personalized Patient Care, The Future of AI in Nursing. By facilitating this insightful workshop, Shalamar Nursing College demonstrates its commitment to preparing nurses for the future of healthcare.



By equipping students with knowledge of emerging technologies like AI, the college empowers them to become not only adept caregivers, but also active participants in shaping the future of nursing practice.



#### Session on Current Challenges of Nursing Ethical Practice at Shalamar Nursing College

Shalamar Nursing College made a significant contribution to the 8th International Conference on "Health Care and Health Education in the AI Era." The college organized a scientific session titled "Current Challenges of Nursing Ethical Practice" featuring esteemed speakers in the field. The session explored the importance of ethical standards in nursing, the complexities of navigating ethical dilemmas nurses face daily and during pandemics, and helpful coping mechanisms for these challenges. These discussions aimed to enhance the moral competence of participants, leading to a better-equipped workforce of nurses who can make sound ethical decisions and deliver exceptional care. By emphasizing ethical practice in the context of AI, Shalamar Nursing College demonstrates its commitment to preparing future nurses for the evolving healthcare landscape.









#### Workshop on "Professional CV Writing" at Shalamar Nursing College

Shalamar Nursing College is dedicated to empowering its students for success! They recently hosted a workshop on "Professional CV Writing" led by Ms. Sadia Mushtaq. This insightful session equipped students with the skills to craft a standout CV that will make them the top candidate for their dream nursing job. Participants explored various CV formats, learned about the essential components of a strong CV, and gained valuable tips for presenting a professional and attractive document. This initiative highlights Shalamar Nursing College's commitment to providing students with a well-rounded education that extends beyond the classroom and prepares them to thrive in the competitive job market.









# Assistant Professor Dr. Masooma Gull from Shalamar School of Allied Health Sciences Awarded Shield at the "Khud ko Pehchano" by Greenstar Marketing

We are delighted to announce that Assistant Professor Dr. Masooma Gull from the Shalamar School of Allied Health Sciences has been awarded a prestigious grant shield at the "Khud ko Pehchano" competition organized by Greenstar Marketing.

The competition, arranged by Green Star marketing, brought together multiple institutes to showcase talent and innovation. Dr. Masooma Gull's exceptional contributions in the field of Physical Therapy earned her this well-deserved recognition.











#### "From Discovery to Therapy: Radiation Science in Healthcare" Workshop at Shalamar School of Allied Health Sciences











The Shalamar School of Allied Health Sciences organized a workshop "From Discovery to Therapy: Radiation Science in Healthcare" Participants delved into the fascinating world of radiation science, exploring its journey from groundbreaking discoveries to its crucial role in modern healthcare. The session likely covered topics such as:

- **Diagnostic Applications of Radiation:** Understanding how radiation is used in X-rays, CT scans, and other procedures to diagnose medical conditions.
- Therapeutic Applications of Radiation: Diving into the use of radiation therapy for treating cancer and other diseases.
- The Future of Radiation Science in Healthcare: Exploring the potential of new technologies and advancements in radiation oncology.

#### Doctor of Physical Therapy Student Smashed Their Way into the Table Tennis Semi-Finals at 1st Chief Minister Punjab Pink Games

The Shalamar Medical & Dental College community erupts in cheers as three of our Doctor of Physical Therapy (DPT) students dominate the table tennis courts at the inaugural Chief Minister Punjab Pink Games! A massive congratulations to Ms. Razeen Shafiq, Ms. Maleeha Aziz Khan, and Ms. Sana Javaid for battling their way into the semi-finals! Their passion for the sport and unwavering perseverance are a true inspiration to their peers and the entire Shalamar family.



### Workshop on "Synopsis Writing & Introduction to EndNote" at Shalamar School of Allied Health Sciences

The Shalamar School of Allied Health Sciences held a workshop titled "Synopsis Writing & Introduction to EndNote" for final-year students and faculty. Led by Ms. Madiha Iqbal, Senior Lecturer in Biostatistics, the workshop provided participants with valuable skills to strengthen their research foundation. Throughout the session, students and faculty honed their abilities in crafting effective synopses, a crucial skill for research papers and literature reviews. Additionally, Ms. Iqbal offered expert guidance on EndNote, a vital citation management tool that streamlines the research process.











### Shalamar School of Allied Health Sciences Hosted a Workshop on "Mastering the Art of Suturing: Exploring Diverse Techniques for Surgical Excellence"









The Shalamar School of Allied Health Sciences hosted a valuable workshop titled "Mastering the Art of Suturing: Exploring Diverse Techniques for Surgical Excellence." This interactive session aimed to enhance the skills of participants and empower them on their path to surgical excellence. We are grateful to Mr. Imran Riaz, a skilled Surgical Technologist from Services Hospital, Lahore, for facilitating the workshop. His expertise undoubtedly played a key role in providing participants with a comprehensive learning experience.

#### Shalamar School of Allied Health Sciences Hosted an Insightful Workshop on "Low Vision"

The Shalamar School of Allied Health Sciences hosted an insightful workshop dedicated to understanding and supporting individuals with low vision. This valuable session aimed to equip participants with the necessary skills to make a positive impact in the lives of those experiencing visual impairments. A big thank you goes to facilitator Aamer Ejaz Khan Niazi for sharing their expertise and guiding participants through the complexities of low vision.











#### Shalamar School of Allied Health Sciences Hosted an Enriching and Insightful Workshop on "Airway Clearance Therapy: Guidelines and Limitations"

The Shalamar School of Allied Health Sciences recently hosted an enriching workshop titled "Airway Clearance Therapy: Guidelines and Limitations." Facilitated by the Dr. Muhammad Arif, PT, HOD of Physiotherapy and Cardiopulmonary Rehabilitation at Gulab Devi Educational Complex, the event provided participants with a comprehensive understanding of this vital therapy.

Dr. Arif's expertise undoubtedly played a key role in guiding participants through various critical aspects of airway clearance therapy. The workshop likely covered Essential Techniques, Understanding Indications and Navigating Limitations. The workshop fostered a space for valuable discussions, further enriching the learning experience for everyone involved. A big thank you to Dr. Arif for sharing his knowledge, and to all the participants who actively contributed to the event.









#### Summer Fiesta Kicked off at Shalamar Institute of Health Sciences!

The sizzling summer sun was no match for the energy at the Shalamar Institute of Health Sciences Summer Fiesta! This vibrant event kicked off the season with a celebration of sportsmanship, community spirit, and pure joy. The festivities began with a spirited march past, showcasing the vibrant energy of our students. After the energetic display, the mood turned sweet with a delightful cake-cutting ceremony. Laughter and smiles filled the air as everyone gathered to share in this celebratory moment. The Summer Fiesta was more than just a party; it was a chance to foster a sense of belonging and camaraderie within the Shalamar Institute of Health Sciences community.









### "Expo of Compassion: A Fundraising Event for Gaza" at Shalamar Medical and Dental College

The Shalamar Medical and Dental College hosted a heartwarming event, the "Expo of Compassion," to raise funds for the people of Gaza. The evening proved to be filled with inspiration and a spirit of solidarity. A big thank you goes out to everyone who participated in this meaningful event. Shalamar extends its special gratitude to the esteemed guest speakers, Aleem Dar, Tuaha Ibn Jalil, and Saman Zulfiqar, who undoubtedly left a lasting impression with their powerful messages of support for Gaza. The Expo of Compassion exemplifies Shalamar Medical and Dental College's commitment to social responsibility and its dedication to extending a helping hand to those in need. By coming together and raising funds, the college community plays a valuable role in supporting humanitarian efforts and alleviating the suffering of the people of Gaza.













