

SIHS BIMONTHLY E-NEWSLETTER

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SEMINAR ON CAREER COUNSELING BY SMDC ALUMNI



SMDC Alumni department organized a Seminar on Career Counseling and IMG's Pathway to the UK (OET/PLAB, MRCP/MRCS) for Medical Students of SMDC and House officers of Shalamar Hospital.

Dr. Nouman Zaib (Batch 2018) and Dr. Humdi Muzammil (Batch 2018) were the Guest Speakers at the Seminar. They are a part of SMDC UK Alumni who passed their PLAB exams, got GMC Registration, and working in the UK as junior doctors.

Furthermore, SMDC UK Alumni also extended their support for medical students and future alums of SMDC by creating an Online Forum on social media for any queries related to OET, PLAB, MRCP/MRCS, MTI Pathway, GMC Registration, UK visa, and Job application process.

Prof Nazli Hameed elected as Chairperson, IRC, RCOG, Pakistan

We congratulate Prof Nazli Hameed (Professor of Obstetrics and Gynecology) on being elected as Chairperson, International Representative Committees (IRC), Royal College of Obstetricians, and Gynaecologists (RCOG), Pakistan, for a period of three years. She has already conducted two webinars as chairperson of IRC, RCOG, Pakistan.

Also, she has been elected as a Member of the Asia Oceania Congress of Obstetrics and Gynaecology (AOCOG) Urogynaecology committee for two years.



LUMS and Shalamar Medical & Dental College Collaboration

Shalamar Medical and Dental College (SMDC) has initiated a seven-star medical education plan similar to the ones offered internationally in renowned medical colleges. Accordingly, SMDC will launch a 1+5 year MBBS program for their medical students. The students who get admission at SMDC have an option to spend the first year of their medical education at LUMS and then continue their 5-year MBBS program at Shalamar.

During this year, a selected student from SMDC will take courses at LUMS in critical thinking and logic, cell and molecular biology basics, and methods laboratory courses.

Initially, only twenty students will be given this option; over time, more seats will be added as the program gains popularity.

Program benefits

- This program will help strengthen the fundamental concepts of biology required to understand disease development, disease progression, and diagnostics. The benefits of such courses will develop our doctors to be globally competitive with international doctors.
- The faculty of biology at LUMS is enthusiastic about joining this initiative. They consider that this initiative will open up such avenues for other medical institutes in Pakistan to follow the same pattern.
- Imparting such knowledge and skills in MBBS students will help initiate quality research in medical colleges and universities. This partnership will help Pakistan to contribute toward new knowledge generation and discoveries in medicine.
- Mr. Shahid Hussain has offered that the Shahid Hussain Foundation will pay the LUMS fees of the first batch of twenty students from Shalamar.



Accreditation of Rheumatology for FCPS training and Oto-Rhino-Laryngology E.N.T discipline for MCPS training

We are pleased to inform you that the College of Physicians & Surgeons Pakistan has decided to accord accreditation to the Rheumatology discipline for FCPS training and Oto-Rhino-Laryngology E.N.T discipline for MCPS training at Shalamar Medical & Dental College SMDC / Shalamar Hospital, Lahore.



SIHS and AKU-SONAM signed a MoU



Shalamar Institute of Health Sciences (SIHS) and Aga Khan University School of Nursing & Midwifery (AKU-SONAM) signed an MoU. This MOU aims to develop cooperation in developing and strengthening clinical training, skills, academic research-related services, and promotion of excellence in practice-based education in nursing.

In furtherance of this purpose, using AKU- SONAM's expertise, conducting an assessment at Shalamar Hospital to see the ground reality of nursing practices and processes. Based on the evaluation, propose a plan to engage AKU in improving the hospital's nursing systems, including the nurses: Roles and responsibilities, Allocation, and Monitoring & Evaluation.

Moments of Pride!



Dr. Saadia Shahzad, Associate Professor from the Community Medicine department of Shalamar Medical and Dental College, also holding the additional responsibilities of being a Medical Educationist and Bioethicist, made the organization proud of her achievement early this year. She presented her Bioethics Thought Paper at the International Chair in Bioethics 14th World Conference on Bioethics, Medical Ethics, and Health Law in Porto, Portugal, on March 22.

Her Thought paper was titled: 'Social inclusion and positive rehabilitation of children with Down syndrome is their fundamental human right: a thought paper in the contextual environment of Pakistani society. This is much-needed work for our society, where most of the time, vulnerable populations are not given their fundamental human rights, and social inclusion is denied to them.

She was also invited as Chair Session and chaired the 'Human Rights II' session at the said conference.

The Vice President, University of Science and Technology, Sudan, visited SIHS



Dr. A. Raouf Wahab Ali Alotaibi, the Vice President, University of Science and Technology, Sudan, visited Shalamar Institute of Health Sciences (SIHS).

Mr. Shahid Hussain, Chairman Board of Trustees, Prof. Zahid Bashir, Principal, Shalamar Medical & Dental College, and Dr. Ayesha Nauman, Chief Operating Officer, Shalamar Hospital, welcomed the guests and briefed them on the quality of medical, nursing, and allied health education and health services provided to patients at SIHS.

The foreign guest discussed opportunities for collaboration with SIHS in curriculum development, student and faculty exchange & research. He also visited different institute departments and met with staff and students. Dr. Raouf said that SIHS is one of the leading institutes in Pakistan's health services and medical education, meeting international standards.

Shalamar Summer Immersion Program 2022





To increase community engagement, Shalamar Hospital has pioneered a unique internship program that allows potential Medical students to immerse themselves in the hospital environment to see if they are a good fit for their chosen careers. Shalamar Hospital believes in grooming young talent, so in partnership with Eye on Ivy, an educational consulting firm, a cohort of A-level and O-level students was selected. The goal was to provide the students with exposure to an actual hospital setting, allowing them to make more informed decisions about their future.

The summer immersion program included a mix of observer ships in the OPD, where they got to interact with doctors, some hands-on training in First Aid, and informative seminars on various subjects. They were also tasked with conducting patient satisfaction surveys and assisting patients with OPD. The students particularly enjoyed their stint in the ER, doing first Aid training and learning how to use a sphygmomanometer to check their blood pressure. They also spent a very informative session learning about their environment in the Operation theatre complex. A free dental checkup was also included in the conducted activities.

The internship had complete support from the COO, who spoke to each of the interns to encourage and inspire them during the closing session, which was great exposure for them. The students also wrote blogs on their topic of choice. At the internship's successful conclusion, the interns were given lunch at the hospital courtesy of the Shahid Hussain Foundation.

SNC RESULT ANNOUNCEMENT 2022

	<p>MS. KASHAF FAZILAT D/O MUHAMMAD SHAFEEQ HAS GARNERED THIRD POSITION & SECURED 695/800 MARKS IN HER FIRST PROFESSIONAL OF B.SC. NURSING (BSN 4 YEAR) IN UHS ANNUAL EXAMINATION 2021 HELD IN 2022 AMONG 36 COLLEGES.</p>
	<p>MR. JOHN MESSIAH S/O MAHMOOD MESSIAH HAS GARNERED FIRST POSITION & SECURED 762/900 MARKS IN HIS THIRD PROFESSIONAL OF B.SC. NURSING (BSN 4 YEAR) IN UHS ANNUAL EXAMINATION 2021 HELD IN 2022 AMONG 15 COLLEGES.</p>
	<p>MS. NIMRA SOHAIL D/O SOHAIL AUGISTEEN HAS GARNERED SECOND POSITION & SECURED 757/900 MARKS IN HER THIRD PROFESSIONAL OF B.SC. NURSING (BSN 4 YEAR) IN UHS ANNUAL EXAMINATION 2021 HELD IN 2022 AMONG 15 COLLEGES.</p>
	<p>MS. MARIA MAHEEN D/O SOHAIL SIDDIQUE HAS GARNERED THIRD POSITION & SECURED 754/900 MARKS IN HER THIRD PROFESSIONAL OF B.SC. NURSING (BSN 4 YEAR) IN UHS ANNUAL EXAMINATION 2021 HELD IN 2022 AMONG 15 COLLEGES.</p>
	<p>MS. SUMMIA SHAHID D/O SHAHID HABIB NAEEM HAS GARNERED FIRST POSITION & SECURED 453/500 MARKS IN HER FINAL PROFESSIONAL OF B.SC. NURSING (POST RN 2 YEAR) IN UHS ANNUAL EXAMINATION 2021 HELD IN 2022 AMONG 18 COLLEGES.</p>

Research & Innovation



The state-of-the-art laboratory, Department of Research & Innovation, SMDC, is now functional, and various exciting projects are under process. All laboratory sections, i.e., PCR, Electrophoresis, Microbiology, Immunology, Chromatography, and Biochemistry, are fully equipped to carry out a vast variety of research projects. Multiple studies on diagnostics, genetic diseases, and basic sciences can be carried out. Students and faculty members from different disciplines of SIHS and other collaborative institutes will get the opportunity to conduct their experimental work in this lab.

Currently, students from SSAHS and SMDC are learning new techniques and working on research projects based on diagnostic markers in different diseases. The lab. is also facilitating community-based diagnostic research. Six projects of SSAHS students have been completed recently. Moreover, two research articles entitled:

1. Maternal and perinatal outcomes of dengue fever with special emphasis on vertical transmission. J Pak Med Assoc 2022; 72(4): 658-663.
2. Screening for Deleterious non-synonymous SNPs in Human CCL21 Gene using in-silico analysis. NUST Journal of Natural Sciences. 2021; 6(2) have been published, and two more are accepted by the European Society of Medicine for publication.

Join us on this journey by following us on



Shalamar Link Road, Lahore, Pakistan

042-111 205 205, +92 42 3681 7857, +92 42 3682 3712

info@sihs.org.pk, www.sih.org.pk