

# SIHS BIMONTHLY E-NEWSLETTER

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## International Publications

We are pleased to announce our recipients of the Research Excellence Award. Research Excellence Award introduced at SIHS to acknowledge individuals who accomplish remarkable research achievements. The Award aims to promote the research culture at SIHS. Below are the details of our three recipients:



**Dr. Saira Elaine**, Assistant Professor, Department of Medicine at SMDC, has published an article in the **International Journal of Rheumatic Diseases**. Her research titled 'APLAR recommendations on the practice of telemedicine in Rheumatology.' Telemedicine has been around for many years in developed countries. Before COVID-19 Pandemic, this consultation modality was in its infancy in developing countries. However, the pandemic changed the world entirely and led to the rapid and widespread adoption of telemedicine in rheumatology care.

For this reason, when the Asia Pacific League of Associations for Rheumatology (APLAR) working group was tasked with developing evidence-based recommendations for rheumatology practice, Dr. Saira volunteered for that. These recommendations guide the approach and use of telemedicine in rheumatology care to guide the highest possible standards of clinical care.



**Ms. Nasim Rafiq (Ph.D. Scholar)**, Principal at SNC, has published an article in a renowned international journal - **Frontiers in Public Health**, section **Digital Public Health**. Her research title is "Whatsapp-Delivered Intervention For Continued Learning For Nurses In Pakistan During The COVID-19 Pandemic: Results Of A Randomized-Controlled Trial."

The research is conducted in the context of the current situation in Pakistan because nurses have critical roles and responsibilities during the COVID-19 pandemic. They continue to be at the front line of patient care in hospitals and are actively involved with evaluation and monitoring in the community. Therefore to enhance their extensive knowledge & skills, the study has been conducted in Shalamar Nursing College, Lahore.



**Ms. Madiha Mumtaz (Ph.D. Scholar)**, Assistant Professor Biochemistry/Program Coordinator Medical Laboratory Technology at SSAHS, has published an article in the international journal of **Clinical Proteomics** of Impact factor **3.98**.

She published her project after working meticulously for six months on "Head and Neck Squamous Cell Carcinoma" under renowned Prof. Dr. Connie R. Jimenez in international OncoProteomics Laboratory, VUmc-Cancer Center Amsterdam, Department of Oncology, Vrije Universiteit Amsterdam, and the University of Perugia Italy, where she got training on Gel Electrophoresis, Nanoscale liquid chromatography coupled to tandem mass spectrometry (nano LC-MS/MS) & Cell culture.

# Highlights

## Workshop on Applied Artificial Intelligence in Healthcare

The SMDC recently conducted its 6th International Conference – Breaking Barriers. As part of the conference, the Department of Community Medicine organized a workshop on "Applied Artificial Intelligence in Healthcare: From Concepts to Applications." The guest speaker was Dr. Mowafa Househ, Associate Professor at Hamad Bin Khalifa University, Qatar. Dr. Faisel Yunus, Head and Associate Professor at the Department of Community Medicine, facilitated the workshop.



The workshop provided an overview of the digital health domain and AI's role in shaping the field. Dr. Househ discussed the benefits, challenges, ethical issues, and the future applicability of AI within the healthcare domain. He also provided an overview of real-life AI applications in healthcare. A working group is being constituted to develop the idea further and start some projects looking at how we can enhance AI usage in Pakistan's healthcare.

If you would like to be a part of the group, please email your details to: [drfaiselyunus@gmail.com](mailto:drfaiselyunus@gmail.com).

## Sehat Card initiative at Shalamar

The Sehat Sahulat card program is an ambitious endeavor by the government to provide universal health coverage to all in Pakistan. As the leading healthcare provider in the region, Shalamar hospital quickly joined the empaneled hospitals, as providing accessible health care is one of our top priorities. The great thing about the Sehat Sahulat Programme is that it is cashless and all one needs is their CNIC with them to avail it. The services are covered under two distinct benefit packages; Priority treatment and secondary care. Shalamar Hospital came on board in November, and since then, it has been a steep learning curve for the administration, doctors, and the patients and their families. Regardless of the challenges, our team rose to the occasion.



Sehat Insaf Card Help Desk

In coordination with the doctors and marketing department, the office of the Deputy medical director has strived hard to remain on top of all program-related concerns. This includes resolving any complications that emerged with forms relating to the Sehat card and training the staff. A health facilitation officer from the state life insurance is also on hand to help patients comprehend the ins and outs of the Sehat card program offerings. Shalamar, apart from others, has incorporated all of its specialties into the Sehat card program as we are committed to providing maximum relief to the patients coming in from the surrounding area. There may be many trials and tribulations ahead, but we are ready to confront them in the pursuit of providing high-quality care to all strata of society.



## New Joining

**Dr. Mariam Danish Iqbal** has joined the Shalamar Institute of Health Sciences (SIHS) as Assistant Professor, Microbiology, Department of Pathology. She is graduated from Allama Iqbal Medical College, Lahore, and did FCPS Microbiology from the College of Physicians and Surgeons, Pakistan.

Dr. Mariam has a particular interest in Antimicrobial Resistance (AMR) and has experience in a public sector hospital combating AMR and setting up an Antimicrobial stewardship program.

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**Dr Mariam Danish Iqbal**

## We Revamped Our Website

We are happy to announce that SIHS will be launching its revamped website soon. The main objective is to upgrade our website according to international standards and improve the Shalamar brand.

The new website will help you quickly and efficiently access the information and resources you need. It highlights our; services, medical professionals, and infrastructure. We have enhanced the site's navigation and made it more mobile-friendly.

## SSAHS student Maheen Butt selected as the best graduate at UHS



We congratulate **Ms. Maheen Butt D/O Muhammad Ayub**, a student of Medical Laboratory Technology of SSAHS has been selected as the **best graduate** among all B.Sc (Hons) programs (Session 2017-2020) at UHS.

She had secured 1st Position in UHS Annual examinations for three consecutive years (2nd 3rd & 4th Year MLT) with seven distinctions. She remained a self-disciplined, diligent, and outstanding performer in SSAHS.

## SNC student Ali Hamza achieved 19 distinctions in UHS Professional Exams



SNC Graduate **Ali Hamza** awarded with Gold Medal for **Best Graduate BSN Session 2016-2020** at 3rd UHS Convocation, Lahore

We congratulate Mr. Ali Hamza, a graduate of SNC, for being awarded Gold Medal on the Best Graduate in BSN session 2016-2020.

He garnered 1st Positions in First, Second, and Final Professional UHS Examinations and 2nd Position in Third Professional UHS Examinations. Apart from the positions, he achieved **19 distinctions** overall in UHS Professional Exams.