# SIHS BIMONTHLY NEWSLETTER Issue No. 1 | Date of publication: 15 December 2021

# Updates

### SSAHS students won short film competition

A short film competition was held globally on the sixth world bioethics day on 19th October 2021 on "Informed Consent." Our final year students of Medical Laboratory Technology (MLT), SSAHS, won the **1st position** in the competition.

#### **Research Excellence Award**

Research Excellence Awards will be introduced at SIHS to acknowledge individuals who accomplish remarkable research achievements. It will be a prestigious recognition for faculty and medical practitioners at SIHS, raising their profile and encouraging peers. The Award aims to promote the research culture at SIHS by acknowledging sound achievements in promoting clinical and non-clinical research.

### Dr Saleem won SHF-PHRG Research Grant

We are pleased to announce that Dr Saleem Perwaiz Iqbal, Assistant Professor at SMDC, won the Shahid Hussain Foundation (SHF) research grant under Punjab Health Research Grant (PHRG) for his project. The project is titled 'Effect of Lifestyle factors on Metabolically Healthy Obesity (MHO) and Metabolic Syndrome (MetS) among adults residing in a semiurban area of Lahore, Pakistan.'

# **Result Announcement**

# Shalamar School of Allied Health Sciences (SSAHS)

We are pleased to announce that the final years of all five disciplines, Doctor of Physical Therapy (DPT), Medical Imaging Technology (MIT), Medical Laboratory Technology (MLT), Optometry & Orthoptics, and Operation Theatre Technology (OTT) of SSAHS, have graduated with 100% result.

- Students of MLT, MIT and OTT got top 3 (First, Second & Third) positions in UHS annual examination 2020
- Students of DPT and Optometry got 3rd position in UHS annual examination 2020

# Shalamar Nursing College (SNC)

We are pleased to announce that Shalamar Nursing College got an overall 98% result in the second Prof, 100% result in the Third Prof, and 98% result in Final Prof of B.Sc. Nursing (4 years) UHS annual examination 2021, held in July-August 2021. Shalamar Nursing College has garnered 8 positions in UHS Professional Examinations, held in September-October 2020.

- Students of BSN final Prof got top 3 (first, second, third) positions in UHS annual examination 2020
- Student of BSN third Prof got 3rd position in UHS annual examination 2020
- Student of BSN second Prof got 3rd position in UHS annual examination 2020
- Student of BSN first year Prof got 1st and 3rd position in UHS annual examination 2020.



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# Highlights

#### Dr Faisel Younus

Dr Younus joined Shalamar Medical & Dental College in October 2021 as Head and Associate Professor, Department of Community Medicine. Dr. Yunus is a Fellow of the Faculty of Public Health of the Royal Colleges of Physicians, UK; and Chartered Scientist with The Science Council, UK. He is also the Editor-in-Chief of the Journal of Public Health in Developing Countries, UK.

Prior to this appointment, he was working as the Director of the Hepatitis Prevention and Treatment Programme and Director of Research at the Pakistan Kidney and Liver Institute & Research Center. Faisel has a diverse range of research interests, mainly around Hospital Epidemiology and Community Infection Prevention & Control, Healthcare Quality, and Patient Safety. Away from work, Faisel enjoys time with his family and is a keen cricket follower.

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# **Prof. Aftab Younus**



Dr Younus joined Shalamar Medical & Dental College in October 2021 as Professor & HOD-Department of Cardiac Surgery and Shalamar Hospital as Consultant Cardiac Surgeon. He graduated from King Edward Medical University in 1987 and FRCS from The Royal College of Surgeons, Edinburgh, the UK, in 1998.

Prior to joining Shalamar Medical & Dental College, he has worked as Professor, Cardiac Surgery at Punjab Institute of Cardiology, Lahore. He shall be responsible for the department's academic, operational & clinical affairs. Dr Younus's interest in cardiac surgery is minimally invasive cardiac surgery, valve repairs, and aortic root surgery.

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# **RESEARCH METHODOLOGY WORKSHOP**

SIHS conducted a training workshop on Research Methodology on 29th and 30th September 2021 with over 30 participants from different departments, including SMDC, SNC, SSAHS, and Shalamar Hospital. We had trainers from Agha Khan University who talked about elements of Research Design. Dr. Faisal Bari, Dean of the School of Education at Lahore University of Management Sciences, joined us as a guest speaker. Dr. Bari's speech was a pertinent reminder of the relevance and centrality of research in today's age and time.

Mr. Shahid Hussain, Chairman Shahid Hussain Foundation, also joined us, encouraging our participants to actively engage in research projects and help create a conducive environment. Prof. Zahid, Principal SMDC, appreciated the enthusiasm and commitment to learning our participants reflected. We look forward to more such events and mutual knowledge sharing and learning opportunities.





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